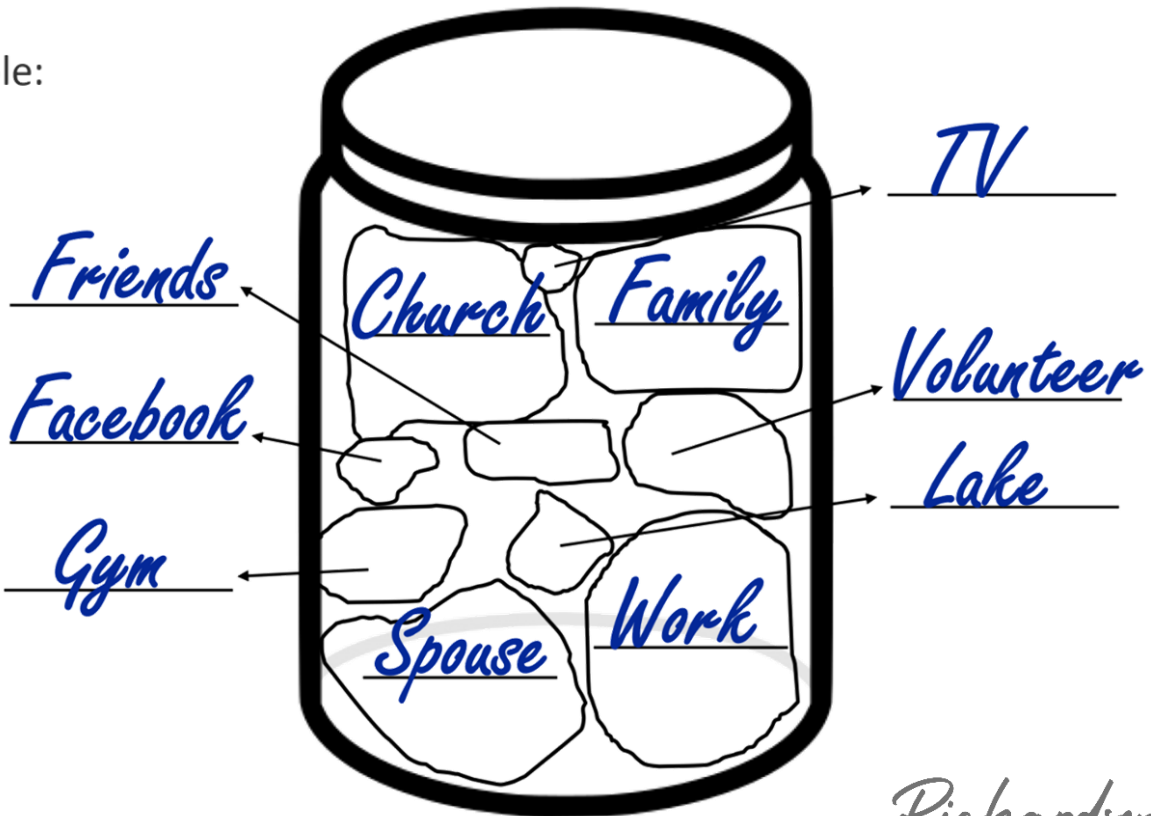


Example:



Source: Stephen Covey